



The Racquet

September 2010

Tennis Club of
Albuquerque

Happy Labor Day on the 6th!

LABOR DAY FAMILY FUN DAY

Our Labor Day Family Fun Day will commence on
Monday, September 6.

The events for the day include:

Mixed Doubles	10:15am - 12:45pm
Men's & Women's Doubles	1:15pm - finish
Pool Fun for Kids & Adults	1:30pm
Outdoor Grill	10:30am - 3:30pm

Free soft drinks and beer all day long!

Don't Miss the FUN!

POOL HOURS AFTER SEPT 6 LABOR DAY

Wednesday, Friday,
Saturday & Sunday only

Open Swim

Wednesdays 4:00 - 7:00 pm
Fridays 4 pm - 8:00 pm
Sat & Sun: Noon - 7 pm

Lap Swim Only

Sat, Sun, Mon 11:00 - Noon

Clubhouse and Pool are closed Tuesday, September 7.

**The final pool day of this season will be
Wednesday, September 29.**

Tuesday and Thursday Hours

On the Tuesdays and Thursdays that the
pool is closed after Labor day,
the clubhouse closes at 6 PM.

FITNESS BOOT CAMP

Boot camp for Tennis Players!
 Improve your eye-hand coordination, agility, quick first-step movement, stamina, and core-strength. Look for details on the bulletin board and in future e-mail blasts.

Limited Lap Swim on Labor Day

Lap Swim on Labor Day will be limited to 11AM-1PM and from 5PM – 7PM. We will remove all lane lines from 1 PM-5PM for kids and adult Pool Games.

PLEASE HANG UP ROLLERS!

In order to preserve our court rollers, please hang them up to dry after usage.

Dates To Remember:

- * Sept 6 - Labor Day Family Fun Day
- * Sept 7 - TCA Closed Tuesday
- * Sept 14 - TCA Fall League starts
- * Sept 17 - Mix-It-Up Doubles
- * Sept 19-26 - Coleman Vision Tournament
- * Sept 29 - Last day Pool is Open

Body Massage at TCA

Starting weekends on September 11 and 12, Peggy Brodsky, LMT, with “Heart in Hand Therapeutic Massage” will be on site ready to give massages. Walk-ins are welcome, or feel free to reserve an appointment for a one-hour massage here at the Club from 9 AM to 3:45 PM, in the “Mind /Body” room (previously the Pro-Shop).

Also, look for Peggy on Monday, Sept 6, Labor Day, as she will offer chair massages in the Main Lounge at TCA.

Fitness Center only Memberships offered at the TCA

TCA has a limited number of gym only memberships at \$45 per month per adult. Call Joe Behrend at 450-3748 or Cathie at 262-1691 for more information.



Mix-It-Up 6 PM Friday, September 17

Thanks to Marianne Chiffelle, Jaime Lastra & Social Committee for hosting last month’s Luau Mix-it-Up.

COME JOIN THE FUN!!

OCHO'S TENNIS SHORTS

2.5-3.0 WOMEN'S CLINIC

Start: Tuesday, August 31
Duration: 4 Weeks
Time: 6:00-7:00 PM
Levels: 2.5-3.0
Cost: \$40.00 Member
\$45.00 Non-Member

SHOT OF THE DAY CLINIC

Will be offered soon.
Look for sign-ups at
the club & in the
newsletters.

2.5-3.0 WOMEN'S CLINIC

Start: Saturday, September 4
Duration: 4 Weeks
Time: 1:30-2:30 PM
Levels: 2.5-3.0
Cost: \$40.00 Member
\$45.00 Non-Member

JUNIORS SELECTED TO CAMP

Two TCA juniors - Carmen Corley and Alexandra Ochotorena were selected to attend the USTA Southwest Regional Training Center Camp in Sedona. A total of 12 girls from Arizona, New Mexico and El Paso County were selected and two were from our program. The USTA uses these camps as a player identification, where they are trying to find the next Maria Sharapova or Serena Williams. There were three USTA National coaches and eight Regional coaches and our own Dave Ocho was selected as one of the eight coaches.
CONGRATULATIONS to Carmen, Allie and Och.

TCA Junior Development

The Fall Junior Development program will continue. This program will be held Tuesday, Thursday and Saturday in one month sessions. Each session includes drilling, conditioning, match play and strategy work. You will be billed for the number of times you come in the month.

Classes will be:

Tuesday & Thursday - 4:00-5:30 pm

(Match play to follow)

Saturday Instruction: 2:00-3:30 pm

(Match play to follow)

FALL PROGRAM

Young Future Stars

***Saturday Group 6-12 Year Olds**

This program will be held on Saturday for a 5-week session, one hour per week, \$44 member; \$49 non-member. Next starting date will be Saturday, October 2.

Beginners

Saturday: 11:00 am- Noon

Intermediate

Saturday: Noon - 1:00 pm

**Class size is limited to 8 ,
so reserve your slot now!**

Young Future Stars

***Wednesday Group 6-12 Year Olds**

This program will be held in addition to the Saturday class. This program will be held on Wednesdays for a 5-week session, one hour per week, \$44 member; \$49 non-member. Next starting date will be Wednesday, Sept. 29.

Beginner/ Adv. Beginner

Wednesday: 2:30-3:30 pm

Intermediate

Wednesday: 4:00-5:00 pm

Bicycle Spinning Classes
One on One Fitness with Joe Behrend

One on One Fitness is now offering the following classes at the TCA Fitness Center.

Classes will include:

Bicycle Spinning Tuesdays at 5:30 AM
Mondays, Wednesdays & Fridays 12 PM
Stability Ball Mon, Wed & Fri at 5:30pm
Stability Ball Tues & Thurs at Noon

Please call Joe Behrend for more information at 450-3748



TCA 7.0 Mixed Doubles Team
go to Sectionals in El Paso Sept 10-12.
Good Luck!

Drop In Tennis

We would like to hear from you if there is an interest in Drop-In Tennis times and dates.

Tennis Club of Albuquerque
2901 Indian School Rd. NE
Albuquerque, NM 87106

Phone: 505-262-1691
Email: info@tca-tennis.net

We're on the Web!
www.tca-tennis.net

Board of Directors

Nora Bizzozero President
Patrick Bridges V-President
Teri McMillan Secretary
Britt Harville Treasurer
Angie Casias
Marianne Chiffelle
David DeGrazio
Bobby John
Arnie Melnikoff

RESIGNATIONS

Maria & Eddie Corley
Connie Maitland
Dick Strommen
Susan Wilson
Susan & Bill Fox
Rosa Valencia
Pamela Doupe
Kim & Jack Funk
Karen & Charlie Pharris
Eric Hankla
Tony Martino
Eli Torgeson & Alyson Porter

AD INS & WELCOME

Landy Leon
Mark Hirsch

To clarify questions on The Tie-Break Game

The player whose turn it is to serve shall serve the first point of the tie-break game. The following 2 points shall be served by the opponent(s) (in doubles, the player of the opposing team due to serve next). After this, each player/team shall serve alternately for 2 consecutive points until the end of the tie-break game (in doubles, the rotation of service within each team shall continue in the same order as during that set).

The player/team whose turn it was to serve first in the tie-break game shall be the receiver in the first game of the following set.