

# THIS MONTH AT TCA



November 2019

## WANTED: B.O.D. Candidates!

With the new year looming, we're looking for candidates to run for the TCA Board of Directors. We need a few bright, dedicated minds to help TCA move forward. Must submit a picture and bio to Liz or Monica by December 15.

### November Events & Dates

#### Sunday November 10, 12-4pm: Ladies Luncheon

Lunch, fashion show, plus jewelry and art sale featuring Olyvia Lee, Romela Carman, Rifka Stern, Susan Bennett & Harold Morgan, De Ja Vu Consignment and Bailey's Boutique in Madrid. Cost for lunch is \$10 per person with reservations or \$15 at the door based on space available.

#### Saturday November 23, Family Game Night

Bring a game to share with family and friends! We'll provide lemonade, soda and light snacks.

#### Saturday, November 23: 12-2pm Going away brunch for Roger Kleinhans

Please join us to say 'thank you' to Roger for 15 years of incredible service to TCA. He's a legend at the club and will be dearly missed! We'll have sandwiches, salad and beverages.

#### November 29, 10am: Black Friday Tennis

Bring your leftovers and your guilt! Help run off some of that Thanksgiving feast and put a dent in whatever's left in the fridge, all with some good company! Play will be drop-in format.

**NOTE:** clubhouse will be closed for Thanksgiving on Thursday, November 28.



Part of our wonderful Halloween Mix-It-Up crew!

### Tip of the Month

Good, sustainable groundstrokes are all about fluidity. Deceleration usually means the death of your stroke, but many of us have a tendency to slow down our racquet once we make contact with the ball. On the other hand, some of us try to 'speed things up' right before contact, which results in tightening our arms muscles and breaking up our stroke.

A good way to ensure your acceleration is consistent is to focus on **finishing your stroke before your ball reaches the net**. It doesn't mean hitting harder, it simply means continuing with your stroke after contact (think about a shadow stroke). Whether you're hitting an aggressive ball or something a bit more defensive, it's vital that your racquet stays traveling at the same rate of speed from start to finish!

### Save the Date

- Friday, December 6: Kids Holiday Party
- Friday, December 13: Adult Holiday Party

# THIS MONTH AT TCA



November 2019



ATAC junior Adomas Skauda competing in the main draw of a USTA National Level 2 tournament in Honolulu, Hawaii! Great job, Skauda!

## Tennis programming notes

### REMINDER: LiveBall time change

LiveBall Gold is now 11am-12:30pm.

LiveBall Silver is now 12:30-2pm.

### Lunch Hour Clinics: T/Th/Fri 12-1pm

Starting this month, we will be offering drop-in clinics over the lunch hour on Tuesday, Thursday, and Friday. Tuesday and Thursday will feature technical and tactical work, while Friday will be an intensive conditioning clinic. For the first few weeks, we'd like to compile an e-mail list of interested players so please e-mail Alex at mansfieldtennis505@gmail.com.

## Manager's Report

I know you are all aware how very special our club is.

The atmosphere, friendships and family TCA has are not replicated anywhere else.

Thank you to everyone who is part of TCA, from the staff to the members to the guests who are discovering our club for the very first time.

Please join us for this month for the upcoming Fashion Show, Black Friday Tennis, Family Game Night and our new weekday clinics. As I mentioned above, feel free to bring a guest and introduce them to everything TCA has to offer!



Happy Movember from your TCA staff!



### New Tennis Balls and String!

We recently entered into a new partnership with racquetsports manufacturer Tecnifibre, who will be providing us with high-quality tennis balls and various new string options. Feel free to stop by the shop and ask for more info!